



## Special Olympics – Overview of Sports and Seasons

**\*all information regarding registration for each sport is sent out by EMAIL\***

**Basketball**—Information regarding the season is emailed to all registered athletes in November

- Begins in December with 9-10 weeks of practices; No practices from 12/20 through 1/1.
- Practice venue usually Travis High School
- Teams are divided by skill level
- Saturday scrimmages begin in mid-January
- Area Tournament on 2 days in late February/early March (1 day is classifications, 1 day is games)

**Track and Field**—Information regarding the season is emailed to all registered athletes in January

- Begins in February or March with 9-10 weeks of practice
- Practice venue in the Sugar Land, Richmond or Missouri City area, varies from year to year
- Two track meets in April to compete in

**Soccer**— Information regarding the season is emailed to all registered athletes in January

- Begins in February or March with 9-10 weeks of practice
- 5-a-side play, no individual skills offered
- Area Tournament in April in Greater Houston Area

**Aquatics**—Information regarding the season is emailed to all registered athletes in May

- Begins in June with 9-10 weeks of practices before the Area swim meet in September
- Practice venue varies from year to year
- Area Tournament in Sugar Land in September

**Bocce**—Information regarding the season is emailed to all registered athletes in June

- Begins in July with 9-10 weeks of practice; Two different practice days of the week depending on level of play
- Practice venue: First Colony Community Services bocce courts
- Area Tournament in September

**Softball**—Information regarding the season is emailed to all registered athletes in June

- Begins in July with 9-10 weeks of practices; twice a week for the first 4 weeks, then down to once a week
- Area Tournament in September in Clute, TX

**Volleyball**—Information regarding the season is emailed to all registered athletes in August

- Begins in September with 9-10 weeks of practices
- Area Tournament in November in Texas City, Texas

**Bowling**— Recreational league meets on Saturdays 11:30-2 PM, Stafford Lanes, after Labor Day through Memorial Day Weekend

- Area Bowling meet is last week of November/first week of December if wanting to compete

**Golf**— Contact The Arc if you are a golfer and would like to play for Special Olympics. Restrictions apply.

- Must have a golf partner to join

**Tennis**—adaptive tennis program, collaboration with Missouri City Parks and Recreation Department.

- The seasons are February-April and September-November.